

ATHLETIC PARTICIPATION REQUIREMENTS

In order to participate in the Interscholastic Athletic Program at CREC, the student must meet the following participation requirements:

NOTE: ALL FORMS MUST BE COMPLETED, SIGNED AND RETURNED BEFORE A STUDENT WILL BE ALLOWED TO TRYOUT OR PARTICIPATE IN A SPORT.

1. **MEDICAL CLEARANCE** – CREC requires that all students receive medical clearance from a physician before being allowed to participate in the athletic program. Medical clearance must be obtained each year and will serve for the entire school year. All forms should be dated after June 1. The student should complete either A or B below:
 - A. Submit a completed CT Health Assessment Record (blue form) to the school health office.
If a student has an updated and current CT Health Assessment Record (blue form) on file in the school health office for the school year:
 1. The student should check with the school health office to verify approval for athletic participation. The CT Health Assessment Form must state that the student may participate fully in athletic activities and competitive sports.
 2. The Health Office Staff will provide the student with a Medical Clearance Form stating that he/she has approval for athletic participation.
 3. The student must present the Medical Clearance Form to his/her coach in order to participate.
 - B. Submit a completed Medical Consent/Physician Statement to his/her coach.
For any student in need of medical clearance:
 1. The student must complete the CREC Medical Consent/Physician Statement Form, which needs to be signed by a physician, and return the form to his/her coach in order to participate.
2. **PARENT PERMISSION/ATHLETE CONTRACT FORM** – Please complete and return to the coach.
3. **EMERGENCY CONTACT FORM** – Please complete and return to the coach
4. All eligibility requirements must be satisfied.